



# MSU Extension Online Resources for Our Northern Michigan Community

**MSU Extension Remote Learning & Resources Website - [Click Here!](#)**

## ONLINE PROGRAMMING:

[Money Saving Strategies](#)

[Cabin Fever Conversations](#)

3/12: Insects in Garden

[Home Vegetable Gardening 101](#)

[Food Safety Q&A](#)

Up Next: Knives 101

[Mindful Lunch & Learn Series:](#)

3/10: Mindfulness for Parents

3/17: RELAX for Parents

[Build & Protect Your Credit](#)

[Successful Parenting Series](#)

[Food Preservation Series](#)

3/18: Intro to Home Canning

3/25: Preserving Maple Syrup

[Foreclosure Basics](#)

[Parenting Hour Online](#)

**For Youth**

[Pippin's Pantry: DIY Dog Treats](#)

[Investigating Food w/ Science](#)

[Wild Spartans - Vernal Pools](#)

[B&W Photo Challenge](#)

[For Teens: STEAM Careers](#)

**Money Smart Contests  
for Youth  
See page 2**

## *Health, Wellness & Relationships*

[What can you do to avoid financial fraud?](#)

[Virtual Money Smart Week](#): help to better manage personal finances

[The influence of awe](#): the benefits of being awestruck

Help aging parents stay healthy [when you live far apart](#)

Experiencing Financial Challenges due to COVID-19? Visit the [Consumer Financial Protection Bureau](#)

## *Food & Nutrition*

**MSU Extension Food Safety Hotline: 1-877-643-9882** [bit.ly/2ICA3qH](https://bit.ly/2ICA3qH)

Understanding [food label claims](#) can help you make informed choices

Don't let a packed schedule keep you from [eating healthy!](#)

Making Healthy Choices for Seniors - [a weekly newsletter](#)

Cabbage is nutritious and budget friendly! Try this [Egg Roll in a Bowl](#)

[Canned fruits and vegetables](#) are healthy and cost effective

## *Youth Wellness & Learning*

[Growing Gardeners](#): a series of videos to inspire a love of gardening

[Freedom Seekers and the Underground Railroad](#): a free Great Lakes-focused curriculum

Agriculture and science go hand in hand: [Bean in a Bottle](#)

The [World Food Prize](#) Michigan Youth Institute gives high school students an opportunity to share ideas to solve key global challenges

[Explore the role bats play](#) in the fascinating process of pollination

## *Community Resources*

Smart Gardening with Vegetables 101 [online course](#) now available

If we [spy robins outside](#), does that mean spring has arrived?

[Garden Design, Planting, & Maintenance](#) - Comfort, ease & simplicity

## *Connect online for more programs and resources*

MSU Extension [Online Events Schedule](#)

Grand Traverse County MSU Extension [Website](#) & [FaceBook Page](#)

Updated 3-4-2021

# Money Smart Contests for Youth

A green poster with a background of US dollar bills. At the top left, it says "WIN CASH PRIZES". In the center, "CASH COMPOSITION CONTEST" is written in large white letters. To the left of the text is a large, dark metal dollar sign. Below the text, it says "Deadline to enter: April 5, 2021 by 11:59 p.m.". At the bottom, it features the Michigan State University Extension logo and the slogan "4-H GROWS HERE".

WIN CASH PRIZES

## CASH COMPOSITION CONTEST

Deadline to enter: April 5, 2021  
by 11:59 p.m.

MICHIGAN STATE UNIVERSITY | Extension **4-H GROWS HERE**

### Cash Composition Contest (9-13 years old)

Money, money, money! In honor of Financial Awareness Month held each April, Michigan State University Extension 4-H is sponsoring the Cash Composition Contest. Youth residing in Michigan, **age 9-13** have a chance to win up to \$400 by writing a 300 word (or less) essay on saving and investing. Contest registration and essay submission must be complete by April 5, 2021 to <https://events.anr.msu.edu/CashContest21/>. Five finalists will be interviewed for final placing. The winners will be named this year's Michigan Money Smart Ambassadors where they will have opportunities to share their financial knowledge and develop additional leadership skills. Contest details can be found: <https://www.canr.msu.edu/4-h-money-smarts/money-smart-kids-contest>

A poster featuring a close-up of US dollar bills. A red line is drawn across the bills. Above the line, the text "Sign up for a chance to WIN" is written in a green, curved font. Below the line, the word "MONEY" is spelled out using wooden blocks.

Sign up for a chance to WIN

## MONEY

### Show your Money Smarts Contest

April 2021  
for 14-19 year olds

### Show Your Money Smarts Contest (14-19 years old)

Do you want to learn how to avoid financial pitfalls and have an opportunity to win \$250 cash? In this third annual Show Your Money Smarts Contest, Michigan youth **age 14-19** will compete in this on-line quiz challenge taking place the entire month of April. Contest registration must be complete by April 23, 2021 at <https://events.anr.msu.edu/MoneySmart21/>. High scoring youth will be entered into a cash prize drawing and can become a Money Smart Youth Ambassador leading to opportunities to share their financial knowledge and enhance their leadership skills. Contest details can be found: <https://www.canr.msu.edu/4-h-money-smarts/show-your-money-smarts-contest>